



Trucking & Harvesting Advisory Group

Driving For Safety

Seatbelt Myths and Facts

MYTH: Not wearing a seat belt is my choice that doesn't affect anyone.

FACT: Not wearing a seatbelt can affect you, your family, your loved ones and other motorists, because wearing a seatbelt can save your life and help you avoid losing control of your truck in a crash.

MYTH: It takes too much time to fasten your seatbelt 20 times a day.

FACT: Buckling up takes three seconds. Multiply that by 20 times, and it takes only 1 minute total.

MYTH: Seatbelts aren't needed when driving at lower speeds.

FACT: A frontal collision driving at 50km/h will cause an unbelted person to continue to move forward at 50km/h. That's the same velocity a person falling from a three story building would experience until they hit the ground.

MYTH: Seatbelts are uncomfortable and restrict movement.

FACT: You can get more comfortable with shoulder belt add-ons and by adjusting the seat, lap and shoulder belt once you buckle up.



Safe Driving is Good Business