

Trucker's Emergency Response - Working Alone Procedures

Working Alone - by yourself with no other people nearby. (*Alone in truck cab on the road.*)

Working in Isolation - not in contact with another person or crew for an extended time

"The person working alone (the lone worker) must designate a contact person to check in with on a pre-planned schedule. If the lone worker fails to check in, then the contact person must initiate search procedures"

Communication Devices:			Personal Emergency Equipment	
(All haulers should have at least two options.)			<input type="checkbox"/> Personal or Basic first aid kit	
<input type="checkbox"/> Radio	<input type="checkbox"/> Cell	<input type="checkbox"/> Sat phone	<input type="checkbox"/> Level 1 first aid kit	
<input type="checkbox"/> SPOT / inReach	<input type="checkbox"/> GPS	<input type="checkbox"/> Other:_____	<input type="checkbox"/> Additional supplies (matches, blanket, water)	

Contact Persons	Check in Frequency every	hours
In case of Late arrival at worksite	Name	
	Relationship	
	Phone number	
In case of Late arrival at end of day	Name	
	Relationship	
	Phone number	

Check in Contact Method:			Radio Frequencies:	
<input type="checkbox"/> Radio	<input type="checkbox"/> Cell	<input type="checkbox"/> Sat phone	Road	
<input type="checkbox"/> SPOT / inReach	<input type="checkbox"/> GPS	<input type="checkbox"/> Other:_____	Load	
			Other	

Self-Check	
<input type="checkbox"/>	Do you have access to the worksite map / route / directions?
<input type="checkbox"/>	Have you requested / received a copy to the worksite map?
<input type="checkbox"/>	Have you provided a copy of the worksite map to your check in person(s)?
<input type="checkbox"/>	Do you have all emergency contact numbers and worksite maps in your phone?

Location Details/Routes/ Map:
 Example: Prince George to Bear Lake, 700Rd to 723km, right on to 900 Rd. to 94.5km to block

See back / next page for Contact Numbers and Instructions

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Emergency Contact Numbers - 911		Basic Emergency Response Procedures
Hospital / Facility Name:		First Aid <ul style="list-style-type: none"> • Call / radio First Aid attendant(s) to the scene or contact 911 emergency response (ambulance, helicopter) as required based on severity of injury • Ensure site is safe to enter, then stabilize patient (provide first-aid) • Advise office and hospital when you are on route • Always wear gloves – treat all blood and body fluids as potentially hazardous
Direct Phone:		
RCMP - Local #		
WSBC	1-888-621-7133 or 1-866-922-4357 after hours	
Helicopter Evacuation		
Company/Employer Contact Numbers:		Discovering a Fatality <ul style="list-style-type: none"> • Ensure site is safe/ do not disturb the scene, cover the body • Phone RCMP/complete radio silence • Contact employer • Ribbon off the area, block access with equipment if necessary • Assist in the investigation • Maintain radio silence • Prevent social media postings
Name 1:		
Number:		
Name 2:		
Number:		
Name 3:		
Number:		
Name 4:		
Number:		
Main Office:		
Report a wildfire	1-800-663-5555 Cell: *5555	Wildfire <ul style="list-style-type: none"> • Stop operations/ notify the rest of the crew • Attempt to extinguish small fires • Report fire immediately to BC Wildfire Branch.
Report a spill	1-800-663-3456	
Poison Control	1-866-298-5909	
BC Hydro	1-800-224-9376	Equipment Fire <ul style="list-style-type: none"> • Immediately shut off power. • Activate fire suppression system. • Attempt to extinguish small fires • Report fire immediately • If possible, eliminate fuel supply • Clear the area.
Fortis BC	1-800-663-9911	Natural disaster- high winds, floods, avalanche <ul style="list-style-type: none"> • Evaluate – Notify supervisor- notify the rest of the crew. Shut down all operations. • Notify crew to gather at the pre-arranged muster point. • Clear the area.
Other names and phone numbers		
Name	Number	